

Kalavajrashni rasa : An unexplored Agada -An overview

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Abstract

Kaalavajrasani rasa is one of the yoga mentioned in the keralaleeya visha chikitsa book Kodassary margam, Yogaratnakara, Rasakamadhenu in the context of visha chikitsa. It is one of the herbo-mineral formulations which required minimum ingredients. As per the references the Kalavajrashani rasa has the ability to counteract Sarvavisha. Here is an attempt to review the yoga and explore the ingredients.

References of the Kalavajrasani rasa is taken from Yogaratnakara, Rasakamadhenu and Kodassary margam and review of ingredients done.

Kalavajrasani rasa is found to be effective formulation which is having high potency. Majority of the ingredients have Vishahara quality to make it unique and outstanding.

Keywords

Kaalavajrashani rasa, Visha chikitsa, Kodassary margam

Introduction

In today's world, the practice of Visha chikitsa is gaining importance as society encounters various forms of visha, which often lead to unexpected reactions in daily life. Despite the challenges such as drug identification, availability, market demand, and preparation complexities that have led to many visha chikitsa methods being overlooked, several of these traditional approaches still demonstrate remarkable efficacy in both chronic and emergency situations. This highlights the crucial need to delve deeper into these ancient formulations found in historical manuscripts. These remedies, typically requiring minimal ingredients, were once integral to visha chikitsa but are now seldom seen in the market. A noteworthy recent discovery is the book Kodassary Margam, which has come to light alongside the well-known Yogaratnakara. The second section of this book recounts the yogas practiced by the author's ancestors, referred to as anubhootha yogas. It provides insights into the historical pharmacological applications

of Kalavajrasani rasa within the tradition of Keralaleeya visha chikitsa.

Aims & Objectives

- To conduct a detailed review of Kalavajrasani rasa from Ayurvedic text books.

Materials & methods

Information regarding Kalavajrashani rasa is collected from different text books. And the details regarding the ingredients sorted from the other sources available.

Method of preparation

There are two methods of preparation:

As per Kodassary margam:

Parada and Gandhaka taken in equal quantity, Tankana and Rajani also taken in equal quantity. The 4 ingredients are done Mardana with Devadali svarasa¹

As per Yogaratnakara² and Rasakamadhenu³:

Shuddha parada and shuddha Gandhaka are made into kajjali. Shuddha Tuttha, Shuddha Tankana along with Rajani are taken in equal quantity. Mardana done with Devadali svarasa (Juice) for one day and one night.

Anupana : Naramutra (Human urine)

Indication: Sarvavishapaha (Pacifies all types categories of poisons), Even retain the life of person who is bitten by Kaala sarpa

Kajjali

Kajjali is the combination of Parada and

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Gandhaka. As per Yogaratnakara and Rasakamadhenu, the initial stage of the preparation of Kalavajrasani rasa is Kajjali. Kajjali is Sarvaamayahara, vrishya and Doshatryapaha.⁴

Naramutra

Naramutra is having Lavana rasa, Kshara, Tikshna guna. It is having rasayana quality. It pacifies Garavisha and it is Raktapamahara⁵.

Discussion

The Herbo-mineral formulation Kalavajrasani rasa consist of 4 mineral drugs and 2 herbal drugs. Majority of the ingredients are having Katu, Tikta rasa, Ushna virya and Katu vipaka. As per the reference, this yoga is having the potency to neutralize even the visha of Kaala sarpa, the simile represents the potency of poison which the yoga can neutralize. As per the qualities, the ingredients contribute to the effect of yoga ie, among the 6 ingredients 4 are having Tridosahara quality. By this quality it releases a gateway for the administration of Kalavajrasani rasa in various ailments

While going through the method of preparation of Kalavajrasani rasa, as per Yogaratnakara & Rasakamadhenu specifically mentioned the preparation of Kajjali initially then later the remaining ingredients are to be added and then Bhavana. But in Kodassary margam- it is explained that equal quantity of Parada and Gandhaka are taken and add Rajani & Tankana in equal quantity. Later mardana with Devadali rasa. There is a controversy in the yoga mentioned in Kodassary margam, the word Tuttha is mentioned by other acharyas, whereas

Kodassary margam is not mentioned Tuttha as well as the

preparation of Kajjali. There will be a chance of misinterpretation in manuscript writing of Kodassary margam in case of Tuttha, In Malayalam, while writing the words Tuttham (Copper sulphate) and Tulyam (Equal quantity) have similarities. Instead of Tuttham it is mentioned Tulyam.

Kalavajrasani Rasa is mentioned in 3 books in ayurveda such as Yogaratnakara, Rasakamadhenu and Kodassary margam, in which Rasakamadhenu entitled this yoga as Kalavajreswara rasa

Conclusion

While assessing the individual qualities of drugs in the Yoga, majority of them are having Vishahara and Tridosahara quality. The combination all these ingredients may enhance the therapeutic potency of the yoga. It can be concluded that the formulation Kalavajrasani rasa- A potent formulation which can be applied in various conditions of Visha. This is a primary stage in the initiation of research in Kalavajrasani rasa. Further researches are necessary to explore the Phytochemical efficacy and the antidotal activity of Kalavajrasani rasa in various toxicological conditions.

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