

Embracing the Digital Horizon - A New Chapter for V-JAM



For over two decades, this journal has stood as a steadfast platform for the dissemination of knowledge in Ayurveda, evolving in both form and spirit alongside the discipline it represents. What began 23 years ago as a quarterly publication, Vaidyaratnam Medical Journal, has matured into V-JAM, a respected four-monthly periodical that has consistently upheld academic rigor and clinical relevance.

From its inception, the journal has served as a bridge between tradition and inquiry - publishing original research, scholarly reviews, case studies, and thoughtful discussions at a time when Ayurveda itself was navigating a renewed global interest and scientific scrutiny. Over the years, it has mirrored the expanding horizons of Ayurvedic research in the transdisciplinary domains, contributing meaningfully to the dialogue between classical wisdom and modern methodologies.

Today, we stand at another significant juncture in this journey. The transition of V-JAM from print to a fully digital, online platform marks not an end, but a purposeful transformation. This decision reflects both the changing landscape of academic publishing and our commitment to wider accessibility, faster dissemination, and environmental responsibility. The digital format opens new possibilities. It enables timely publication, broader reach across geographical boundaries, and enhanced engagement with a global readership that increasingly turns to online resources for knowledge and collaboration. Authors will benefit from more dynamic presentation of their work, while readers will gain easier access to archives and current issues alike.

Importantly, this shift does not alter the core ethos of the journal. The commitment to quality, authenticity, and scientific integrity remains unwavering. As Ayurveda continues to evolve through interdisciplinary research and evidence-based approaches, V-JAM will persist as a trusted forum for credible scholarship and meaningful discourse. We take this moment to acknowledge the invaluable contributions of our authors, reviewers, editors, and readers, whose collective efforts have shaped the journal's legacy. The journey from a modest quarterly print edition to a digitally accessible academic platform has been made possible through your continued trust and engagement.

As we embrace this digital horizon, we invite the Ayurvedic community and allied researchers to participate even more actively in this shared endeavour. Let V-JAM, Vaidyaratnam Journal of Ayurvedic Medicine continue to be not just a journal, but a living repository of knowledge - rooted in tradition, responsive to change, and oriented toward the future.

Ashtavaidyan E.T. Neelakandhan Mooss
Managing Editor